



Message from the Chairperson:

I would like to wish everyone a very Happy New Year and let's put 2020 behind us and move onwards to a better 2021!

To say the past 9 months has been difficult is an understatement, but it has not put us off our planning and I would like to thank the Board of Trustees and all the committee members for their full support and the free time they have given up preparing DBE for the "New Normal" whatever that looks like I am not 100% sure, but one thing is for certain, we will be ready for we can return to safe bowling and meeting friends again. Please keep the May spring Bank Holiday weekend free for the Bowls England National Open Weekend when we hope to have a big DBE presence throughout England.

Once again please stay safe
Steve Watson

Fixtures/Events/Competitions

Upcoming events continue to be disrupted by the ongoing Pandemic. The following events have been postponed until further notice.

Jan-21

3rd DBE Unclassified Singles
16th/17th Gedling IBC Ann Trotman Singles
22nd/24th VIBE: Open Comp
31st DBE The Nomads Shield Comp

The website will continue to be updated with all the latest information.

SAVE THE DATE!

Bowls England Open Days Weekend
28/05/2021 – 31/05/2021



Getting Back to Bowls!

A working group tasked with getting members back to Bowls have met each month since May. The group led by Mo Monkton and comprising of player representatives Daniel Adams, David Fisher, and David Stott, along with Competition Secretary Stuart Epsie & Fixture Secretary Kirsty Atkin are working hard to provide an enjoyable and competitive calendar of events in 2021. The player representatives represent the players in their disability group and are available for members to make contact with any questions or concerns.

The Board, Committee and Development Officers at Disability Bowls England wish all Members and supporters a
Happy New Year!

DBE Members Survey 2020

A reminder to all members to complete your DBE Members Survey for 2020. We want to make sure we have the right information for you and be able to make improvements to the services we offer in 2021 & beyond. A copy of the Survey can be found at the link below.

[DBE Members Survey 2020](#)



The winners are.....

The Generation Gamers

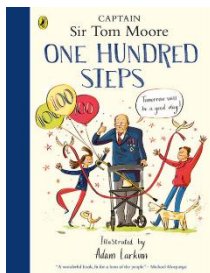
Player Names.

Neil, Alison, Shirley, Tracey, Emma, Bryn, Axl

Well Done!

Stay Safe and Stay Positive

My son received this book as a Christmas present. It is about Captain Sir Tom Moore and his achievements raising money for charity in the run up to his 100th birthday during the pandemic. It features several inspirational quotes and I wanted to share one with you.



At the end of the storm there is a golden sky

The pandemic continues to wreak havoc on all our lives. Everyone will be dealing with it in their own way. For some it is an incredibly difficult time. For this reason, it is important to [take care of our mental health](#). Some people will find it hard to talk about how they feel whilst others might not have anyone to talk to at all.

Please, Please, Please find time to check in with friends, family, and other DBE Members.

Please also remember, there is **ALWAYS** someone at DBE to talk to if you are feeling lonely, have a bowls question or just want to chat.



Virtual Get Togethers

Mo Monkton arranged a number of Virtual Get Togethers using the online platform [Zoom](#) throughout December.

The get togethers included general chat, games and Christmas cracker jokes and were very well received from the Members and Ambassadors that took part.

Look out for more Virtual Get Togethers dates in the future!

If you need help getting onto Zoom, please get in touch and we will try our very best to help.



The [Supporting Inclusion - Including Disabled People In Bowls](#) module which supports club volunteers, coaches or committee members to be more inclusive is moving online from January 2021.

For more information, please visit www.coachbowls.org or contact

t: 07458 301497

e: adam@coachbowls.org



Staying Active at home

Many of us are missing our regular game of Bowls. For many of us, this is how we stay active. Check out the link below with suggestions of how to stay active at home

www.nhs.uk/live-well/exercise/gym-free-workouts

We hope you have enjoyed reading this, but should you wish to unsubscribe, email

info@disabilitybowlsengland.org.uk